

Thank you

Summer Fun Café Partners

San Diego Park & Recreation Department

Network for a Healthy California

The San Diego Food Bank

San Diego Gas & Electric



K C NEWS

For the Family
June 2009



Summer Fun Café
Barbecue Kickoff Event

Join us on Wednesday, June 24, at **Skyline Hills Community Park** to kick off the **Summer Fun Café** program with a great barbecue event. 10:30 a.m. -1:30 p.m. 8285 Skyline Dr., SD 92114.

Lunch is IN When School is OUT
Summer Fun Café

The **Summer Fun Café** offers a fun day in the park and a free lunch. That's what summer is all about. This summer all children ages 2-18 are invited to come to one of the many participating community parks around the district and enjoy free lunches. It is so easy too! Just select a location from the list below and come for lunch. A snack is provided later in the afternoon, too.

The **Summer Fun Café** (USDA's Seamless Summer Option) helps children get the nutrition they need to learn, play and grow throughout the summer months when they are out of school. There is no enrollment, income qualifications or paperwork involved. Children benefit nutritionally by receiving complete, wholesome meals, and parents benefit from some help in stretching their food dollars.

The SDUSD Food Services Department in partnership with the City of San Diego Park and Recreation Department provide the **Summer Fun Café** at 21 recreation centers. In addition many neighborhood schools will offer free lunches to the children of the community during the time that summer school is in session. See lists below.



San Diego Park & Recreation Centers where FREE lunches are served

Park & Rec Center	Address	City/Zip	Phone	Lunch Time	BBQ Day
Lunches served June 22 - August 28, 200, Mon-Fri at these locations (except July 3)					
Adams	3491 Adams Ave.	SD 92116	619 235-1149	12-1	July 16
Encanto	6508 Wunderlin Ave.	SD 92114	619 527-3411	12-1	July 15
Kearny Mesa	3170 Armstrong St.	SD 92111	858 573-1387	1-2	July 2
Linda Vista	7064 Levant St.	SD 92111	858 573-1392	1-2	July 30
M.L.King Jr.	6401 Skyline Dr.	SD 92114	619 527-3415	12-1	July 10
Mid-City Gym	4302 Landis St.	SD 92105	619 516-3082	12-1	July 28
Mira Mesa	8575 New Salem St.	SD 92126	858 538-8122	1-2	July 9
Morley Field Sports Complex	2221 Morley Field Dr.	SD 92104	619 692-4919	11:30-12:30	July 1
Skyline Hills	8285 Skyline Dr.	SD 92114	619 527-3486	12-1	June 24
South Clairemont	3605 Clairemont Dr.	SD 92117	858 581-9924	11:30-12:30	July 17
Stockton	330 32nd St.	SD 92102	619 235-1163	12-1	June 26
Tierrasanta	11220 Clairemont Mesa Blvd.	SD 92124	858 573-1393	11:30-12:30	July 22
Lunches served July 22 - August 28, 2009, Mon-Fri at these locations					
Azalea	2596 Violet St.	SD 92105	619 235-1162	12-1	Aug. 28
City Heights	4380 Landis St.	SD 92105	619 641-6125	12-1	Aug. 4
Colina Del Sol	5319 Orange Ave.	SD 92115	619 235-1144	12-1	Aug. 14
Willie Henderson Sports Complex	1035 S. 45th St.	SD 92113	619 527-3407	1-2	July 31
Mountain View	641 South Boundary St.	SD 92113	619 527-3417	1-2	Aug. 21
North Park	4044 Idaho St.	SD 92104	619 235-1152	12-1	Aug. 7
Paradise Hills	6610 Potomac St.	SD 92139	619 527-3419	12-1	Aug. 13
Penn Athletic Field	2550 Dusk Dr.	SD 92139	619 527-3458	12-1	July 23
Southcrest	4149 Newton Ave.	SD 92113	619 527-3413	12:30-1:30	July 24

Schools where FREE lunches are served (open to the public)

The schools listed below will offer free lunches to community children ages 2-18 during the dates they are open for summer school. These program are available during the following summer school sessions. Lunch times vary. Go to www.sandi.net/food for details or call 858 627-7340 or the 211 call line.

Session #1 - June 22 - July 17, Session # 2 - July 27 - August 21, Session # 3 - June 22 - July 31

Alcott	Session # 1	Florence	Session # 1 & # 2	McKinley	Session # 1
Balboa	Session # 2	Freese	Session # 2	Mission Bay HS	Session # 3
Bayview Terrace	Session # 2	Hage	Session # 1	Montgomery MS	Session # 2
Bell MS	Session #1 & # 2	Horton	Session # 2	Morse HS	Session # 3
Cesar Chavez	Session # 2	Kearny HS	Session # 3	Point Loma HS	Session # 3
Chesterton	Session # 2	Knox	Session # 2	Roosevelt MS	Session # 2
Cherokee Point	Session # 2	Kumeyaay	Session # 2	Sherman	Session # 2
Chollas/Mead	Session # 2	Lafayette	Session # 1 & # 2	Standley MS	Session # 2
Clairemont HS	Session # 3	Lewis MS	Session # 2	Taft MS	Session # 1
Crawford HS	Session # 3	Lindbergh/Schweitzer	Session # 1	Walker	Session # 2
Dewey	Session # 2	Mann MS	Session # 1 & # 2	Wangenheim MS	Session # 2
Encanto	Session # 1 & # 2	Madison HS	Session #3	Wilson MS	Session # 2
Field	Session # 1 & # 2	Marston MS	Session # 2	Zamorano	Session # 2
		Marvin	Session # 1 & # 2		

♦ **FREE barbecue** for children **AND** their parents/guardians.

San Diego Charger linebacker Matt Wilhelm. He's our kickoff MC.

- ♦ **The San Diego Food Bank** will give away FREE bags of fruits and vegetables
- ♦ **Food Stamps** pre-screening done by the Food Bank team
- ♦ Nutrition Decathlon with lots of prizes
- ♦ Inflatable Jumper and craft tables
- ♦ Ask **SDG&E** about your 20% discount
- ♦ **Community Care Partners** – offering vital information about a range of social services and support programs.



BBQ Days in the Park

Each of the **Summer Fun Café** park sites will host a special BBQ. See "BBQ Day" column below. **The San Diego Food Bank** will distribute free bags of fruits and vegetables and their Food Stamp pre-screening team will assist interested people in learning about their eligibility. A Nutrition Decathlon will challenge kids to keep active during the summer. Kids eat free. Adults, \$3.00(except kickoff day—above).



Harvest of the Month Watermelon

It's watermelon time! Visit your Kid's Choice Café salad bar on Wednesdays in June and enjoy this juicy, delicious treat. A favorite of all ages, watermelon is good for you too. It is a rich source of the antioxidant lycopene along with beta-carotene, Vitamin C, A and E.

For more information and great recipes select the "Harvest of the Month" link at www.sandi.net/food.



A special thank you to **Mission Federal Credit Union** for underwriting the cost of the menu printing for the 2008-2009 school year. Their support is most appreciated.

Mission Federal Credit Union is giving back money to the districts, school employees, students, and family members through their Mission 4R Districts program, call 800-500-6328 or visit www.missionfcu.org for the nearest branch location.

Food Services IS Hiring!

We are looking to expand our team in the Fall of 2009. Opportunity awaits!

Starting Pay: \$9.65 an hour

Apply in person at the

Food Services Central Office
6735 Gifford Way (Linda Vista)
Call (858) 627- 7321
Call now for more information.



San Diego Unified School District
Food Services Department
www.sandi.net/food

"Healthy Bodies, Healthy Minds"